



NEWSLETTER



It has been an exciting beginning to Term Four welcoming new students and families, having fire trucks visit the school to discuss safety, preparing for zoo excursions, preparing for Sports Day and new learning experiences.

Year 3-6 Building Update

Last week we had our first meeting with [Cook Build](#) who will be overseeing the demolition of the current Hoskin Building and the construction of the new Year 3-6 building which is planned to be completed by Term Four 2024. Cook have already completed a number of school building projects and have a strong commitment to working in partnership with us.

While we are looking forward to the exciting outcome of this build with fantastic spaces being created for our middle and senior students, we know that the construction phase will bring some adjustments to the physical landscape which will ensure the project is completed safely, efficiently and on time. The first adjustments we all need to be aware of are set out below.

The program will commence from Thursday 2nd November next week. The first steps will be to set up the work site with temporary fencing, work huts and preparing to work with the main power switchboard which is currently at the base of the building before demolition can proceed.

Car Parking Adjustments during the Building Program

The lower car park located at the front of the school will be closed off to accommodate the work spaces required for deliveries and construction. The staff will now be parking either in the back car park or the church car park during the time of construction.

The front upper car park near the front gate will be restricted to **temporary** parking for school, OSHC and VacCare drop off and pick up during the day. Please be mindful the driveway to the car park will be a two way entrance and exit where we need to be prepared to give way and be patient. There may be times when you will need to park on Bains Road or a nearby street and walk in to school to pick up and drop off your children during the school day. Please remember to sign your child in and out in person for school, OSHC and Vac Care.

OSHC and Vac Care Entry and Pick Up Adjustment during Building Program

We will continue to use the front gate and the intercom to walk your children to and from OSHC and Vac Care. Once through the gate you will then enter and exit via the door to the library and then walk through the library to OSHC. The library is also used as a space for OSHC and Vac Care.

E-Safety Resources for Parents

With recent events happening around the world there is an increased possibility of us coming into contact with online content of a challenging nature such as war, destruction and harm. The Commonwealth Government E-Safety website has a number of resources that are helpful for parents and teachers in supporting families and students to prevent this contact from happening or respond to content that may have been accessed. I invite you to explore the website, consider. The recommendations for preventative controls and use the resources at the following link and talk with your child's teacher should you have any concerns with content your child has been exposed to. esafety.gov.au

Class Placement Parent/Carer Considerations

At this time of the year we are preparing our class placements for 2024. The teachers will utilise information from working with your children to place them in a class that will support their learning and wellbeing. You are invited to forward any information that we can consider in this placement process by clicking on the following link - [Click Here](#)

School Calendar

Just a reminder to access our entire school calendar via the school website at antonio.catholic.edu.au - News and Events - School News. We always have our regular Sunday 'What's Happening This Week at Antonio?' in Seesaw, but our overall calendar can provide a long term view of events so you can plan your engagement. We love seeing as many families coming together to celebrate our students and community.

Have a great week.

APRIM and Leader of Wellbeing – Kerry Cornelius

Dear Families,

I hope everyone had a nice break and that the transition back into the school routine was relatively kind and smooth for families. Term 4 is always such a busy time, jampacked with lots of meaningful and exciting events. I have no doubt that it is going to fly by!

Environment and Sustainability – World Game Changers

Our Year 5/6 World Game Changers have been working hard on our Pollination Garden Project. We were fortunate to obtain a grant for this project and we are extremely lucky to have the expertise of Jeremy from Green Adelaide to assist us with our project. The group comes together fortnightly at the moment to chip away at the project. We have until April 2024 to complete the Pollination Garden and we just recently purchased the first of our native plants! Next up, we will be completing a short bird survey and will be purchasing materials to make bird boxes for our outdoor learning space.



Wellbeing – Character Strengths

At Antonio Catholic School, we believe that each child is a competent and capable person from birth. We also believe that each child brings to our school community a great variety of strengths, interests and experiences which enrich us all.

As a Wellbeing focus for this Term, and closely connected to our work with the Berry Street Education Model, we will be having a school wide focus on Character Strengths, creating a common language and understanding around these. Character Strengths are those things deep inside us all that we use to help us flourish each day. There are 24 Character Strengths that we will be focusing on:



So far this term, we have explored:

Week 1: Appreciation of Beauty and Excellence: The beautiful things around us

Week 2: Bravery: Being emotionally strong

A strength can be considered a true strength when the following is evident:

1. 'You're good at' – performance
2. 'You feel good doing it' – it gives you energy
3. 'You choose to do it often' – high use

If you would like to know more about the Character Strengths, or if you would like to take a survey to discover your own Top 5 Character Strengths, visit: [via character](#)

What Character Strengths can you spot in your own child? Be on the lookout to see what you can observe!

World Teachers' Day 2023

This year on Friday 27th October, we celebrate our talented, dedicated and hardworking Teaching Staff! While it's important to appreciate and show gratitude for their efforts every single day, World Teachers' Day is a dedicated day to stop, pause, celebrate and say 'thank you' to our Teachers who inspire our children to be their best selves and offer their care and support to them daily. We are so lucky at Antonio to have such caring and compassionate educators.



Upcoming Parent Education Seminars

Below is some information about a couple of Parent Education Seminars that are available for you to tap into and are coming up soon. Please have a look and see if there is anything that is relevant for you and your family. These opportunities are free to take part in.

BRINGING UP GREAT KIDS

FREE 6 week program for male caregivers

All parents need a hand from time to time.

A highly recognised interactive program for male caregivers of young children and adolescents, to help raise happy and confident kids.

Topics covered include:

- mindful parenting
- understanding children's development and behavior
- building strong positive relationships
- parent / carer self-care practices

Communities for Children is funded by the Australian Government Department of Social Services. Visit www.dss.gov.au for more information.



ANGLICARE SA

Come along to our **Bringing Up Great Kids** program.

Date: 7th Nov 23 - 12th Dec 23

Time: Tuesdays - 6PM - 8PM

Venue:

Family Relationship Centre,
Aldinga, 101/103 Rowley Rd,
Aldinga Beach SA 5173

**Bookings required
please contact:**

James on 0437 232 124

MALE ONLY GROUP



Term 4, 2023

Free eSafety parent and carer webinars

Join eSafety's expert education team for a free live webinar designed for parents and carers.

Term 4 topics:

- **Wellbeing and digital technologies (30 minutes)**
For parents and carers of young people in secondary school.
- **Getting the most out of gaming (45 minutes)**
For parents and carers of children aged 7 to 14.
- **Navigating online friendships (30 minutes)**
For parents and carers of young people in secondary school.
- **Getting started with social media: TikTok, YouTube, Instagram (30 minutes)**
For parents and carers of young people in primary and secondary school.



For more information and to register now: eSafety.gov.au/parents/webinars



eSafety Commissioner

eSafety.gov.au

Think You Know Cyber Safety Fact Sheet – Social Networking and Meeting People

While the Internet is full of opportunity, it does unfortunately also feature threats and challenges. As Parents, Caregivers and Educators, we are all committed to and have a duty to protect young people from harm online. Being aware of and practicing online safety is the only way to reduce risk. The risks and challenges will always be there, but teaching our young people how to manage tricky situations and content is the best way to keep them free from harm. It is also important that we keep up with current information ourselves so we can be best informed. I will share a fact sheet in each Newsletter this Term from thinkyouknow.org.au and I hope you find them useful. The first one is about Social Networking and Meeting People:

Fact sheet

Social networking and meeting people

THINK UP KNOW

i This fact sheet includes information for parents and carers about social networking and meeting people.

What is social networking?

The internet and connected devices allow people to meet and connect online, this can be through social media. Social media includes websites and apps that allow users to create and share content and participate in social networking.

How does it work?

With most people having a connected device, meeting people online is common through social networking platforms. Young people might use social networking apps to build and maintain relationships, showcase their creativity, look for content of interest and connect with like-minded people.

Many platforms have the ability to share pictures, messages and videos and make comments or 'tag' friends in content.

Social media platforms come with a range of privacy settings, from 'friends only' or 'private' or can be open to the public.

There are also apps designed to meet new and unknown people and become 'friends'.

What are the challenges?

If your child is using social media they may have 'friends' or 'followers' on their accounts they have only met and spoken to online. Unfortunately it can be easy for someone to lie about their online identity and it can be difficult to prove someone is who they say they are.

Online child sex offenders are manipulative and capable of grooming a young person into believing they are someone else, including an online 'friend'.

Law enforcement is continuously seeing cases involving online child sexual exploitation with offenders posing as children in their interactions, with the intention of obtaining child sexual exploitation material or meeting in person.

Many social networking apps also have a location option, which can allow for others to connect based on a particular location. This can present privacy challenges particularly if personal information such as a home location or address is being shared with other users.

thinkyouknow.org.au

ThinkUKnow_Aus ThinkUKnowAustralia



Tips for staying safe

- Encourage your child to use critical thinking skills as to whether a person online is who they say they are; an unknown user will only provide the information they want you to know.
- Question new friend or follower requests, or unknown users who make contact. Suspicious accounts normally have generic pictures, little to no followers/friends, and haven't been active for very long.
- Be aware of fake celebrity accounts. Take steps to verify whether an account is legitimate.
- If something goes wrong, or an interaction makes your child feel uncomfortable or unsafe, know how to block and report.
- Young people should never agree to meet someone in person they have only ever known through a particular app game or site.

Getting help

Online child sexual exploitation, including grooming and extortion, can be reported to the Australian Centre to Counter Child Exploitation (accce.gov.au).

The ThinkUKnow website (thinkyouknow.org.au) has information and resources to prevent online child sexual exploitation as well as how to report and get help.

If a child is in immediate danger, call 000.

If you become aware of explicit content that has been posted online, including child sexual abuse material, report the site to the eSafety Commissioner (eSafety.gov.au). They have a range of powers to take action to have content removed.

Kids Helpline (kidshelpline.com.au) is a free, confidential telephone and online counselling service for young people between 5 and 25 years old.

Program partners



Wishing you all a beautiful weekend and a great fortnight ahead!

Kerry Cornelius

Assistant Principal Religious Identity and Mission

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How to talk to your child about world conflict:

UNICEF have put together information for caregivers and educators to aid conversations around world conflict.

Given the current conflicts escalating and continuing in the world at present, this resource offers caregivers practical tips of how to help support children feeling particularly anxious or distressed at what is happening around them at the moment.

Please use this link to access the UNICEF website: [unicef.org](https://www.unicef.org)

Finance - Jodie Veldhoen

School fee statements will be posted out in Week 3 so please keep an eye out for it in your letter box. For those paying in instalments or lump sums the final payments for 2023 are due by 17th November. If you are paying by regular direct debit or credit card authority, please check that your balance will be covered by the end of the year and/or before the 2024 fees are billed. If you need an extension of time or are having trouble making payments please come in and see me so we can work out a solution. I am here Monday to Friday, or you can send me an email on accounts@antonio.catholic.edu.au

The School Board upon Catholic Education South Australia's recommendation has agreed to keep fees for 2024 the same as 2023 which I am sure is welcome relief for everyone. This will mean schedules and amounts will be the same as this year, which can be found on our website.

If you do not receive your statement, please let me know and I will reprint it.

Kind regards

Jodie Veldhoen

PFC Fundraiser



2023 Commemorative Tea Towel

**\$16
each**



**Self portraits of all 293 students printed
on a 50cm x 70cm 100% organic tea towel.
The perfect keepsake!**

**Place your order via
Qkr! by November 1st**



Ruby is a student in our community that has made a truly generous and selfless decision. Ruby along with her mother Kate has decided to chop her beautiful, long hair and donate it to help "Kids who need Wigs!" through the Variety Club.

We invite you to join us in being Hair Heroes and supporting this wonderful initiative by donating by the links below.

Your contribution can make a significant difference in the lives of children who are battling illness and undergoing treatments.

All donations will go directly to the Variety Club, fulfilling the wishes of this young hero.

[Donate Here](#)



Antonio Catholic School Calendar

[Click Here](#)

UPCOMING EVENTS

Dates to Remember

Book Fair Commences Week 4 - Wednesday 8th November



4th December to Thursday 7th - Dental Clinic



Wednesday 13th December - Year 6 Graduation

Thursday 14th December - Final Day of School for 2023



Friday 15th December - Pupil Free Day (OSHC available)