



The Antonio Walkers participated in the Relay for Life 2019 on Saturday 23rd from 2.00pm through to 9.00am on Sunday 24th February at Wayville Showgrounds.

Our team consisted of:

Bec Quinn, Arlene McAvaney, Agnes Horton, Nic Horton, Rita Fiocca, Tanya Di Lernia, Michelle Starr, Lynda Lovell, Jackie D'Cruz, Sarah O'Dwyer, Ann-Marie Lynch, Adele Barca and Mandy Deer. Also part of our team were Tracy Farrow and Hailey Croft who were unable to be there on the day.

Every team was required to have at least one team member, carrying the baton, on the track at all times. Our baton travelled 304 laps which was equivalent to 101kms. Overall our team travelled 457kms.

We would like to thank the **Antonio Community** for supporting us by attending the relay and with our fundraising which currently stands at \$3409.00 which goes to the Cancer Council of SA to help support those touched by cancer. Even though we were tired and had sore feet, it was a great experience that we plan to do again in 2020.



FROM THE PRINCIPAL

Greetings everyone.

I hope this newsletter finds you well during this warm week.

Meet the Teacher Learning Conversations

It has been wonderful seeing so many of you making time to speak with teachers to establish supportive relationships that will assist your child's learning and development. I trust these have provided a great opportunity for you to share information and set goals for learning. If you have not met with your child's teachers yet I encourage you to contact them. We want to work in partnership with you to support your children to succeed.

Can you help?

One of our wonderful families at Antonio is in need of assistance with transport to arrive and leave school each day. If you can help this family (one child and one parent) who live in the Hackham area, please let our front office staff know ASAP.

Eating Healthy Food

Please supply your child with healthy, wholesome food as well as a drink bottle filled with water to keep themselves hydrated. Consistent research results show that your children engage in their learning activities with greater stamina when they are filling their bodies with healthy fuel.

Subway Lunches

At the end of Term 1, we will be ceasing the Subway lunch orders each week. This decision has been made in conjunction with our PFC and the School Board. Our PFC will still be offering our Friday barbecue each week as well as a special lunch each term that will focus on healthy, wholesome food. Please remember your barbecue orders need to be in by **Thursday morning**. A big thank you to our volunteers who help with the ordering, cooking and preparing of our school barbecues.

Relay For Life

I was blessed to be at the Relay for Life event on Sunday morning to see the ever persistent, energetic Antonio Walkers finish off the relay in style and raise significant funds for the fight against cancer. Congratulations to everyone who walked and thank you to everyone who supported the cause and offered assistance. It was a super team effort and another great example of the team approach that happens so well here at Antonio.

Parish Sacramental Program

You will have recently seen information inviting you and your children to engage in this year's Sacramental preparation program. Please contact the Parish Office on 8326 1555 or our friendly front office staff should you wish to know more.

Community Breakfast next Tuesday 5th March and Ash Wednesday 6th March

Next Tuesday will be our first community breakfast for 2019 with our tasty Shrove Tuesday Pancake Breakfast from 7.45am. Lillian has provided lots of information about these community celebrations in this newsletter. I look forward to celebrating these events with you.

Parent Survey – Looking forward to hearing from you

I am currently collecting the thoughts of staff, students and families to inform our ongoing strategic planning into the future. At the recent Annual Community Meeting I invited parents to share their thinking about the following questions.

What are successes at Antonio Catholic School?

What contributes to successful teaching and learning at Antonio?

What are the possibilities and opportunities for Antonio into the future?

If you missed this opportunity at the ACM please click on the link below and add your thoughts in the online survey by **Friday 8th March**. I look forward to reading your thoughts.

<https://www.surveymonkey.com/r/CPRGVRK>

In regards to the question: **What are the successes at Antonio?**

Here are some replies from some students...

Bailey: 'Having friends, awesome classrooms and resources.'

Tyson: 'Making friends and eating lunch.'

Jasper: 'Having a 30 minute play because I can do more things.'

Myah: 'Having really good teachers.'

Chelsea: 'The new classrooms are great because everyone can fit in. It would be good to have a bigger playground.'

Hayley: 'We have a big community to raise money so we can give to others in need.'

School Drop Off and Pick Up Safety

To ensure our children and families enter and leave our school safely it is vital that we use the surrounding roads and our car parks responsibly with patience and common sense. I know mornings and afternoons are busy times for families but when it comes to this time of the day, safety is a priority. I ask that everyone in our community models safe driving and pedestrian behaviour for our children.

Thank you for your ongoing commitment and support for working with us and supporting your children either in person at school or from home. This is a wonderful community full of so many families and opportunities for learning and growing together. Have a fantastic fortnight ahead and I look forward to seeing you at our upcoming community celebrations.

God Bless.

Anthony Garton

Principal

PARENTS, FRIENDS & COMMUNITY

SUBWAY: Weekly orders for Subway lunches need to be placed on Tuesday for collection in the classroom / office box.
No late orders can be accepted.

BBQ: Weekly BBQ lunch orders need to be placed on Wednesday for collection in the classroom / office box.
No late orders can be accepted.

Student Banking: Thursday Student banking day. Students can open a savings account with the Commonwealth Bank and send their money with their bank book every Thursday via the Office/Classroom container.
We are unable to interrupt classes, therefore students need to either place their bank books into the classroom/office contained or leave them in the office on banking day

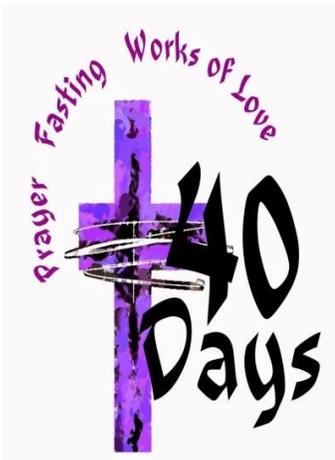
SHROVE TUESDAY AND ASH WEDNESDAY



On Tuesday the 5th March we will celebrate **SHROVE TUESDAY** with our Community Breakfast.

Pancakes will be served between 7.45am and 8.45am. You can swap a plate for \$2 which will support Project Compassion.

This is a major event on the Church's liturgical calendar. This special day leads us into **LENT**. The practice of using up butter, eggs and honey before a time of fasting, prayer and almsgiving during **LENT** began as a Christian practice during the early, middle ages. Many celebrations in today's world started as **LENTEN** celebrations for example; Mardi Gras and Carnivale both began as religious **SHROVE TUESDAY** celebrations in order to have a big party before the fasting began. Making pancakes and feasting before Easter became **SHROVE TUESDAY**.



SHROVE TUESDAY is followed by **ASH WEDNESDAY**. Ash Wednesday falls 40 days before the new Eastern moon rises; this is why Easter lands on a different date each year. In the Catholic Tradition this is the time for prayer, fasting and almsgiving (giving to the poor).

It is also a time to slow down and reflect on our lives. It is a time for renewal and growth. The Church looks different during **LENT**. It is dressed in **PURPLE** the **LENTEN** colour of the **Liturgical Year of the Church**. The Alleluia before the Gospel reading is not sung during these 40 days.

This year each class will receive seeds at their prayer service or Mass to plant, grow and nurture as a symbol and reminder of the need to slow down, nurture ourselves, others and God's creation – the world around us.

We celebrate **ASH WEDNESDAY** by attending a service to receive ashes on our forehead as a gesture of embracing a simple way of life, making good choices and raising awareness of others in need of help.

- **R-2** will celebrate with a liturgy at 10.30am in the music room
- **3-6** will celebrate with Mass with the parish at 9,15 am in the church

**YOU ARE VERY WELCOME TO JOIN US AT ANY OF
THESE CELEBRATIONS**

MUSIC

AMAZE YOURSELF! LEARN TO PLAY AN INSTRUMENT!

Learning Through Music provides fun and educational instrumental music lessons which are during school hours at the school, once a week.

Instruments offered: Piano / Keyboard, Drums and Guitar, Instrument hire is also available.

To join in 2019 complete an enrolment form which is available from the school office and return to Learning Through Music via post or email.



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Phone the office on 0401 398 120 or email info@ltmusic.com.au for more information.



Want to Learn Violin?

- Learn to play classical violin in a fun and supportive environment!
- Great way to exercise, challenge and inspire young minds
- Beginners to intermediate players welcome
- 1/2 hour to 1 hour lessons
- Mae Napier-Traeger is a second year violinist at the Adelaide Conservatorium of Music



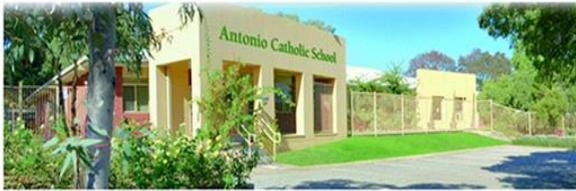
Contact me!
Email: maent350@gmail.com
Text or call: 0466186155

COMMUNITY

Welcoming the Babies March 2019 – Amanda Rishworth

This ceremony will take place on Thursday March 28, 2019.

The ceremony begins at 10.30am at the Cove Clinic Centre, 1 Ragamuffin Drive, Hallett Cove SA 5158.



Community Coffee Fundraising Project

Raising funds for the **Play-space** re-development

Help us make a difference

Really tasty coffee that is:

- Ethical sourced
- Sustainable
- Ecologically Responsible



Family Carer Workshop

Morphett Vale March 2019

Family members and friends attend one 3 hour session. The workshop provides an opportunity to learn about practical strategies, share common experiences and learn ways to support a person with a diagnosis of dementia living in the community.

Topics include:

- What is dementia?
- Effective communication
- Understanding changed responses
- Support and services available

Suitable for:

Family and friends of a person diagnosed with dementia

Session date and time:

Tuesday 19 March
10:00am - 1:00pm

Venue:

Morphett Vale SA

Cost:

A contribution may be required to attend this group

RSVP:

Monday 4 March

Bookings essential, as places are limited.

To register or for more information call 8372 2100 or email rob.crouch@dementia.org.au

This program is supported partially by funding from the Australian Government.

dementia.org.au | National Dementia Helpline 1800 100 500



for language assistance call 131 450

Here's your chance to **WIN** a Fitbit Versa or Garmin vivoactive, LUS a Fitbit Ace or Garmin vivoFit jr. for your child - worth over \$400!*



Simply visit creditunionsa.com.au/win-scr, open an Access Account with promo code SCR and complete the conditions of entry. Offer valid 1 February to 1 March 2019

*Terms & conditions apply - see creditunionsa.com.au/competitions.



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TRAIN IT FORWARD SESSIONS

FREE Early intervention Fetal Alcohol Spectrum Disorder (FASDS) training for early childhood educators and individuals that work with children aged 0-5 years

Do you work with children (aged 0-5 years) and families?

Want to learn more about Fetal Alcohol Spectrum Disorder?

Join us for FREE training designed to provide knowledge and resources to enable workers to increase their knowledge of FASD, to better understand its complexity, apply the knowledge to their own work and share knowledge confidently with peers, teams and colleagues.

On completion of this master class, delegates will receive certificates of attendance and resource packs from NOFASD Australia.

Course Outline:

- History of FASD
- Description of FASD and its types
- Effects of FASD on the individual
- The diagnosis process
- Challenges for individuals living with FASD
- Responding to individuals with FASD
- Strategies for support and learning
- Frequently asked questions

TRAINING SESSION DETAILS

When: Friday 15th March, Monday 29th April, Friday 24th May

Where: Hackham Football Club, Corner of Doctors & States Road, Hackham

Time: 9.30am - 3.00pm

Cost: FREE

Details: Lunch provided (please advise any requirements on booking)

Please book by calling the Hackham Community Centre on 8186 6944, please advise on booking which session you would like to attend.

